

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# Awakening The Mystical Heart

*A Sufi Retreat with Imam Bilal Hyde*

*Charlottesville, VA | June 10th - June 12th, 2011*

*Assalamu-alaekum!* Greetings of peace. We welcome you to join us for a weekend of remembrance, meditation, and spiritual exercise in the tradition of Sufism. Imam Bilal will provide guidance on how to use Sufi techniques of visualization, concentration, directed breathing practices, and group invocation to awaken the deeper and more subtle levels of the human soul - namely that of the mystical heart. Sufi meditation opens the doors of the mystical heart, one at a time, to the light of Divine Love.

Imam Bilal Hyde has pursued traditional Sufism for over forty years; he has studied in Sudan, Egypt, Medina, and Mecca. His unique mix of joyful humor and subtle insight facilitates a vibrant environment for spiritual growth and self-refinement.

## ***Tentative Schedule***

Fri 6/12 8-10 pm  
*Intro/Dhikr*

Sat 6/13 10:30am-1pm  
*Session 1*

Sat 6/13 6-8pm  
*Tea & Suhba*

Sat 6/13 8-10 pm  
*Session 2*

Sun 6/14 10:30am-1pm  
*Session 3*

Mon 6/15 10am-1pm  
*Personal Interviews*

### Registration Info:

	Reg.	Early*
Single	\$160	\$140
Couple	\$280	\$260
Student	\$140	\$120

\*To qualify, submit fee by 5/20/11.

For inquiry or registration information, please email [sufiretreat@gmail.com](mailto:sufiretreat@gmail.com). Spaces are limited, so please register early.

Registration fee does not cover travel, lodging, or meals. Refreshments and light snacks will be available.